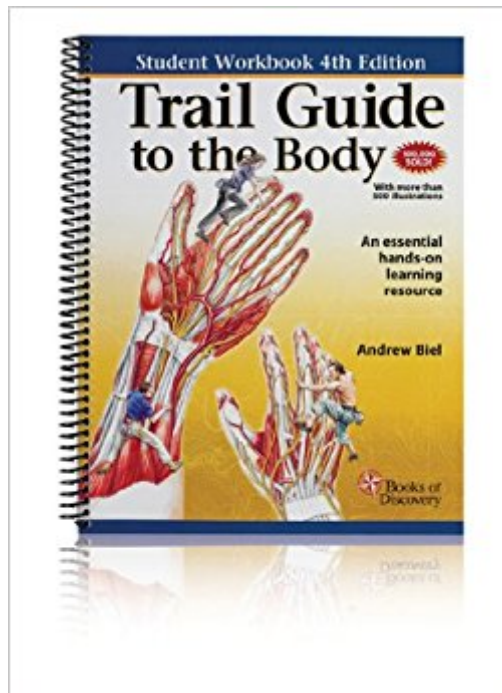




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Trail Guide To The Body: Student Workbook



Synopsis

This is a student supplement associated with: *Trail Guide To The Body, 4/e* Andrew Biel, Books of Discovery ISBN: 0982663404

Book Information

Spiral-bound: 230 pages

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Best Sellers Rank: #98,132 in Books (See Top 100 in Books) #70 in *Books > Health, Fitness & Dieting > Alternative Medicine > Massage* #206 in *Books > Textbooks > Medicine & Health Sciences > Medicine > Basic Sciences > Anatomy* #275 in *Books > Medical Books > Basic Sciences > Anatomy*

Customer Reviews

Very supportive to the 4th Edition TG. I just love this - as a massage therapist from years ago and now back in school - in another program - I had to learn more anatomy again. This is very encouraging - self tests - self paced - it is a real tool to learning and that potential FEAR of tests isn't there. Just pencil in answers and see how you do ... then do it again next week next month, etc. Is a real jewel. I feel Andrew is brilliant to create these books/learning tools for us anatomy people. If you are in massage school and this book ISN'T required, buy it anyway !

This has been an invaluable resource for massage school. It is much more thorough than any of the "coloring books" I tried. It matches so great with the Trail Guide book. The way around being able to only use a page once - I tore out the pages and put them in page protectors and used dry-erase markers. This book really helps to put all the muscle anatomy together in a real way.

The DVD that goes with this book is a must see! Without it, you might as well not get the book, that is how helpful it is. However, on the DVD he has nice lean, in-shape "models" Let's be realistic, these are generally not the people in an acupuncture office, so they will not be as easy to palp

ate. That says, the pictures in the book are very good. View Tip: Watch the DVD, it will save you a ton of time.

Very helpful to quiz yourself to see how much of the bony landmarks and muscles you know. Pictures were very clean and clear. The main problem I had was that the paper is of a thicker quality. This is fine for the fact that they will be marked on, but it required the use of pen to write in answers. The pen would also smudge or touched too quickly after writing. Penciled in responses were very faint.

I absolutely loved this workbook it was so helpful in getting me through my kinesiology class and I have shared it with other students so that they could follow in my footsteps I ended up with an A in my class and would definitely not have done so awesome without this .

This workbook was very helpful for me while in my Functional Anatomy class. My college uses only e-texts and trying to learn anatomy with only an e-text was nearly impossible. Having this workbook and the flashcards were extremely helpful. This gave me the extra practice I needed for learning the muscles of the body.

I ordered this for myself and don't need it for my class. However, it has some great exercises in it. I just wish the Trail Guide book was organized better so that it was easier to figure out some of the answers. It can be hard to find the information they are asking for. Don't let that stop you. There really isn't a better text book for studying the human body.

great condition

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